

# The Everett Clinic

For the whole you.

3901 Hoyt Avenue ■ Everett, WA 98201 ■ 425-259-0966

Alex Cheng  
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Advanced Imaging  
Allergy, Asthma &  
Immunology  
Anesthesiology  
Anticoagulation  
Behavioral Health  
Cancer (Oncology)  
Comprehensive Pain Center  
Cosmetic & Facial Plastic  
Surgery  
Dermatology  
Ear, Nose & Throat  
Endocrinology & Diabetes  
Family Medicine  
Gastroenterology & Liver  
Disease  
Geriatric Care  
Hand Surgery & Therapy  
Hearing Aid  
Heart & Vascular  
Hospitalists  
Infectious Disease  
Internal Medicine  
Laboratory Services  
Mohs, Laser & Skin Surgery  
Nephrology  
Neurohospitalists  
Neurology  
Obstetrics & Gynecology  
Occupational Medicine  
Ophthalmology  
Optometry  
Orthopedics  
Outpatient Surgery  
Pediatrics  
Personalized Care Team  
Physical Therapy  
Podiatry  
Pulmonary & Sleep  
Medicine  
Rheumatology & Arthritis  
Spine Physiatry  
Sports Medicine  
Surgery  
Urology  
Vision & Eye Centers  
Walk-In Clinics

June 1, 2018

Dear Mr. Cheng,

Your lipid tests show that your total chol and LDL are high, but your HDL (the good cholesterol) is very high. HDL is protective and this case compensates for your other elevated values. No need to start medications for this, but it is a good idea to follow a diet that is low in saturated fats and to maintain a good exercise program. Other labs are good.

*Please contact us if you have any questions or concerns about these results by calling 425-899-5200, or send a message via MyChart at <https://www.myeverettclinic.com/mychart>.*

Sincerely,

Robert Kelley, MD

*Thank you for choosing The Everett Clinic for your healthcare needs. You were seen in the TOTEM LAKE LABORATORY department by Totem Lake Lab.*

## Resulted Orders

### CBC WITH PLATELET AND DIFFERENTIAL

Result	Value	Ref Range
WBC	3.8 (L)	4.5 - 10.0 K/uL
RBC	5.03	4.20 - 5.70 M/uL
Hgb	15.7	13.2 - 17.0 g/dL

Hct	47.2	40.0 - 50.0 %
MCV	93.7	80.0 - 100.0 fL
MCH	31.2	27.0 - 32.5 pg
MCHC	33.3	32.0 - 36.0 g/dL
Platelet Count	249	150 - 450 K/uL
RDW	12.6	10.5 - 16.0 %
Neutrophils	49	%
Lymphocytes	29	%
Monocytes	9	%
Eosinophil	11	%
Basophil	1	%
Absolute Neutrophils	1.9	1.5 - 7.5 K/uL
Absolute Lymphocytes	1.1	1.0 - 3.9 K/uL
Absolute Monocytes	0.3	0.0 - 0.9 K/uL
Absolute Eosinophils	0.4	0.0 - 0.5 K/uL
Absolute Basophils	0.1	0.0 - 0.2 K/uL

*Narrative*

*Fasting*

**LIPID PANEL**

Result	Value	Ref Range
Triglycerides	70	30 - 200 mg/dL
Cholesterol	287 (H)	150 - 240 mg/dL
HDL Cholesterol	108	mg/dL
LDL Cholesterol	165 (H)	3 - 130 mg/dL
Chol/HDL	2.7	0.0 - 5.0
LDL/HDL	1.5	0.0 - 3.0

*Narrative*

*Fasting*

**COMPREHENSIVE METABOLIC PANEL**

Result	Value	Ref Range
Glucose	92	65 - 99 mg/dL
BUN	17	8 - 23 mg/dL
Creatinine	0.99	0.64 - 1.27 mg/dL
Sodium	138	135 - 148 mEq/L
Potassium	4.0	3.5 - 5.3 mEq/L
Chloride	100	98 - 111 mEq/L
CO2	31	22 - 33 mEq/L
Total Protein	7.3	6.0 - 8.0 g/dL
Albumin	4.4	3.4 - 4.8 g/dL
A/G Ratio	1.52	1.00 - 2.00 mg/dL
Calcium	9.4	8.5 - 10.3 mg/dL
AST (SGOT)	29	5 - 40 U/L
Alkaline Phosphatase	44	30 - 120 U/L
Bilirubin Total	0.8	0.2 - 1.3 mg/dL
ALT (SGPT)	21	7 - 51 U/L
GFR	>60	>=60 mL/min /1.73m Squared

*Narrative*